

Stop it Now! Wales Helping you protect children from sexual abuse

Stop it Now! Wales is a child sexual abuse prevention programme funded by the Welsh Government and the Lucy Faithfull Foundation. We work to protect children and young people from sexual abuse by working with parents and carers and multi-agency professionals as well as members of the public through awareness raising and education. We also offer a confidential helpline to any adult with a concern about child sexual abuse on 0808 1000 900.

Our services and resources are relevant to parents, carers, professionals, childcare workers, volunteers, school staff; in fact anyone who has contact with children or families in their personal or professional life. We offer a range of services and resources which include a wide variety of Sessions and Courses.

Funded Courses

Parents Protect!

2 hour sessions to raise awareness and inform participants on the facts around child sexual abuse and our responsibility to prevent it.

Participant Numbers: Approximately 10

Session Content includes:

- Understanding abuser behaviour
- How and why people sexually abuse children
- The barriers to identifying harmful behaviour and how to overcome them
- Positive actions adults can take to prevent child sexual abuse

Parents Protect! for Children with Additional Needs

2 hour sessions to raise awareness and inform participants on the facts around child sexual abuse and our responsibility to prevent it, with information tailored to the needs of children with additional needs.

Participant Numbers: Approximately 10

Session Content includes:

- Understanding abuser behaviour
- How and why people sexually abuse children
- Understanding the greater vulnerability of children with additional needs
- The barriers to identifying harmful behaviour and how to overcome them
- Positive actions adults can take to prevent child sexual abuse

Internet Safety

2 hour sessions to educate and build confidence in participants on issues around internet safety and protecting children and young people from abuse online.

Participant Numbers: Approximately 10

Session Content includes:

- Discussions about the positive and negative uses of the internet
- How people use the internet to abuse children and young people
- Issues around online grooming, sexting, cyberbullying and viewing illegal images of children
- Positive preventative actions to take to protect children from online abuse

Sexual Development in Pre- and Post-Pubescent Children

2 hour sessions to educate and build confidence in participants in understanding healthy developmentally expected behaviours and behaviour that is not appropriate and can cause harm or increase a child's vulnerability.

Participant Numbers: Approximately 10

Session Content includes:

- Discussions around what are healthy, age expected behaviours for children under 5, and between 5 and 11
- Exploring how to respond to worrying sexual behaviours in pre-pubescent children
- Exploring issues around consent and harmful sexual behaviour for post-pubescent children and young people
- Positive preventative actions to take to protect children from harmful sexual behaviour

Preventing Child Sexual Exploitation

2 hour sessions to increase knowledge and understanding of how child sexual exploitation can happen, what the risks to children and young people are and what action can be taken. Crucially, we give parents and carers the confidence to seek help and take action if they need to.

Participant Numbers: Approximately 10

Session Content includes:

- The facts about sexual abuse and exploitation. What these are and how it can happen
- How abusers groom their victims and why victims may not talk about what is happening
- Spotting the signs in a child's behaviour, that might suggest they have been, or are being, sexually abused or exploited
- How the internet can be used by those wanting to sexually abuse or exploit a child or young person
- Positive actions - what we can do to protect children and young people from sexual abuse and exploitation
- Acting on concerns - what we can do if we have a concern, including sources of information, help and advice

Parents Protect! Plus Courses

Five week courses made up of two hour sessions to educate and build confidence in parents and carers on issues around child sexual abuse prevention, internet safety, understanding healthy sexual development in children and young people and positive preventative action.

Participant Numbers: Approximately 8

Session Content includes:

- Identifying reasons why people sexually abuse children
- Knowing the options available to take action if concerns arise that a child may be being sexually abused
- Recognising the grooming behaviours of someone who has the intention to sexually abuse a child
- Exploring aspects of Internet safety
- The protective actions that can be taken to prevent child sexual abuse

Professionals Protect!

2 hour sessions to raise awareness and inform participants on the facts around child sexual abuse and our responsibility to prevent it, with information highlighting how participants can take positive preventative action within their professional roles.

Participant Numbers: Approximately 15

Session Content includes:

- Understanding abuser behaviour
- How and why people sexually abuse children
- The barriers to identifying harmful behaviour and how to overcome them
- Positive actions adults can take to prevent child sexual abuse

Professionals Protect! Advanced Courses

Awareness raising courses to educate and build confidence in professionals on issues around child sexual abuse prevention, internet safety, understanding healthy sexual development in children and young people and positive preventative action. Courses are made up of 8 hours in total, either given in one day or split into sessions.

Participant Numbers: Up to a maximum of 20

Cost: £500 per course

Session Content includes:

- Child sexual abuse, the risk, who causes sexual harm and how child sexual abuse happens
- Understanding sexual development and behaviours in pre- and post-pubescent children
- Understanding sexual exploitation of children and young people
- Internet safety and online child sexual abuse
- Positive preventative actions that adults can take to protect children and young people from sexual abuse

We also offer a bespoke service

If your organisation would benefit from a tailor-made course, we will be happy to design sessions specifically to suit your needs. Please contact Gill Jones to discuss on 07803 629628.

To book any session or course

Please contact Gill Jones | gjones@stopitnow.org.uk | 07803 629628

www.parentsprotect.co.uk www.lucyfaithfull.org.uk www.stopitnow.org.uk

Other Stop it Now! Wales Activities Attendance at conferences: we are available to deliver presentations, workshops and seminars at national and regional conferences across Wales organised by our strategic partners. **Information stands:** we are keen to provide information stands or resources at community or professional events across Wales. **Leaflets and posters:** a broad range of posters and leaflets for use by members of the public and practitioners are available. Visit www.stopitnow.org.uk to view. To request copies contact wales@stopitnow.org.uk



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Lywodraeth Cymru
Funded by
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